



## ABEMO

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### Summary of 2012 – 2013 Activities

#### BACKGROUND

ABEMO is a non-profit, Non Governmental Organization that envisions a just, compassionate and democratic society, where men and women participate equally in all aspects of life.

#### Our Mission

Main goal to improve on the standards of living of women and children with the mission to:

- Promote human rights and peace for girls and women.
- Promote continuing education and empowerment of girls and women.
- Advocate / lobby for issues affecting the lives of women and girls.
- Stimulate public opinion on issues concerning girls and women and create a platform for discussions.
- Encourage the application of women's knowledge and skills to their problems and their participation in solving them.

#### PROGRAMMES

**1. Gender Based Violence prevention and response in six camps. Objectives were to:**

- Increase safety and awareness on GBV issues.

- Facilitate access to appropriate health care and other rehabilitation services

- Promote self sufficiency.

Communities include; Meanja, Moliwe, Ekona, Motombolombo, Overside Camp and Camp 7 plantation Camps of the South West region.

Activities carried out were on:

- GBV sensitization for 5000 women, men, boys and girls.
- Free legal services for 60 GBV victims.
- Live skills trainings for 200 women.
- 45 vulnerable girls received didactic material and school needs.
- 10 health workers trained on confidentiality, counseling and treatment of GBV victims.
- 100 lanterns distributed to at-risk families.

In 2012 16 days of Activism against gender based violence was organized in Bomaka community and over 60 women's groups leaders participated.

**2. Capacity developments for women on the right to food, crops cultivation and**



### **training on integrated pests management skills.**

The project's objectives included the following:

- Women increasingly explore better agricultural practices.
- Improved family nutrition.
- Reduced women's work load.
- Increased crop harvest for women.

Target communities were Wotutu, Mfuni, Kembong and Malende.

Activities carried out were:

- Rapid plantain multiplication for 140 group leaders.
- Construction of 3 plantain propagators.
- Pests/disease control methods.
- Environmental awareness.

### **3. Increasing Widows Education & Access to Human Rights**

The goal of this project was to increase widows' access to legal services in 10 villages (Ekona, Tole, Muea, Moli, Buea, Bova, Bomaka, Bokova, Bolifamba and Dibanda) in Southwest region of Cameroon. The project directly targeted more than 5000 widows from women's groups, 02 legal clinics, 20 members of the judiciary, and 20 traditional authorities. Indirectly, this project targeted the entire population in Fako district of Southwest region of Cameroon. The intervention empowered the widows and women to be able to know and assert their human and legal rights. Outcomes created

were: Improved widows' understanding of, and willingness to assert their human and legal rights; Strengthened role of the judicial officers to practice appropriate use of the laws. Awareness was also raised on the International Day for Widows.

#### **4. On-going Micro credit scheme**

The community micro credit scheme is an **on-going** project where seed money was provided to women's groups to start small businesses in Ejagham area. Training was carried out on:

- How to manage small businesses
- Basic record keeping and savings

31 women in Ewelle, Afap, Mfuni, Kembong, Aja and Ogomoko are presently benefiting from the micro credit scheme.

#### **5. National Conference**

ABEMO members participated in national conferences and seminars, Networks especially during the International Human rights day.

#### **6. On- Site Visits**

Four members of the group and two field staff made on-site visits to evaluate the progress, participation and results of projects.

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